

Supported by



— Make sure to —
pace yourself
while drinking

Q. What is a one standard drink?

For the correct answer please visit www.cesrac.in



Supported by



Never drink on an empty stomach

Q. Why not to drink on empty stomach?

For the correct answer please visit www.cesrac.in





Supported by



Drinking water
in between alcoholic drinks keeps you
hydrated

Q. What is the percentage of Alcohol in your Drink?
For the correct answer please visit www.cesrac.in



CeS RAC
CENTRE FOR SAFE AND RESPONSIBLE
ALCOHOL CONSUMPTION

Supported by

NRAI
National Restaurant Association of India
Voice of the Indian Restaurant Industry

Consume your drink
no more than
**one drink
per hour**

Q. What does BAC stand for?

For the correct answer please visit www.cesrac.in





Supported by



Drink in
moderation

Q. What does BAC stand for?

For the correct answer please visit www.cesrac.in



CeS RAC
CENTRE FOR SAFE AND RESPONSIBLE
ALCOHOL CONSUMPTION

Supported by

NRAI
National Restaurant Association of India
Voice of the Indian Restaurant Industry



LS IS THE NEW COOL

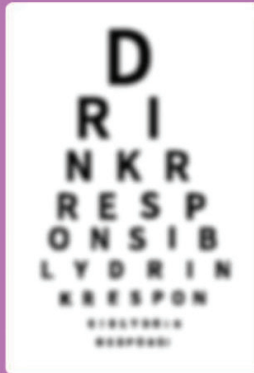
Knowing When to Take the Last Sip is Drinking Responsibly

Q. What is the limit of BAC in India?

For the correct answer please visit www.cesrac.in

CeSRAC
CENTRE FOR SAFE AND RESPONSIBLE
ALCOHOL CONSUMPTION

Supported by



Don't Compromise your Vision be Responsible

Q. What is legal drink age in your state/UT?

For the correct answer please visit www.cesrac.in

CeSRAC
CENTRE FOR SAFE AND RESPONSIBLE
ALCOHOL CONSUMPTION

Supported by



Drinking Before Thinking is Bad, So Think and Drink Sensibly

Q. How many Standard drinks can your body process in one hour?

For the correct answer please visit www.cesrac.in